



**INTERNATIONAL
SAMBO FEDERATION**



Certificate of participation

Dmitry Nagulin

successfully completed the educational webinar

**“Core - Mobility, Flexibility and Stability”
“ComplexCore Level 1”**

Duration: 3 hours

Led by: Roman Jahoda, ComplexCore⁺

Event Location/Date: Lausanne, 27th April 2021

**Vasily Shestakov
FIAS President**

**Roman Jahoda
ComplexCore⁺**

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